

MARY ALICE WARREN COMMUNITY CENTER

MAY 2025 UPCOMING PROGRAMS

AMERICAN MAHJONG

EVERY MONDAY, 1:00PM-5:00PM (NO CLASS MAY 26)
CLASS IS FREE! REGISTRATION IS REQUIRED. NEW CLASSES BEGIN FIRST MONDAY OF EACH MONTH. TO REGISTER CONTACT KATHY RYCKMAN, RYCKMAN6@GMAIL.COM

CARD GAME CLASS

EVERY WEDNESDAY, 1:00PM-4:00PM
CLASS IS FREE! JOIN INSTRUCTOR BETH DELLER AS SHE WILL BE TEACHING DIFFERENT CARD GAMES. THE FIRST GAME SHE WILL BE TEACHING IS PENNIES FROM HEAVEN. REGISTRATION IS REQUIRED. TO REGISTER CONTACT DEBRA THOMPSON AT DEBRALOUISE1012@GMAIL.COM OR [336-926-4120](tel:336-926-4120) OR CONTACT DAWN SHANNON AT [336-829-6464](tel:336-829-6464).

CLOUDSCAPE ON DRAFTING FILM

MAY 17, 1:00PM-5:00PM
LEARN HOW TO CREATE BREATHTAKING ARTWORK BY USING TIME-SAVING COLORED PENCIL TECHNIQUES AS BARBARA DAHLSTEDT TAKES YOU THROUGH CLASSICAL AND CONTEMPORARY APPROACHES IN DRAWING. DRAFTING FILM IS A RELATIVELY NEW AND EXCITING SURFACE FOR COLORED PENCIL ARTISTS WITH MANY BENEFITS. YOU WILL LEARN HOW TO TAKE ADVANTAGE OF ITS SEMI-TRANSLUCENT SURFACE BY DRAWING ON BOTH SIDES OF THE FILM, OPENING YOUR WORLD TO NEW POSSIBILITIES. COST FOR THE CLASS IS \$85. [CLICK HERE](#) TO REGISTER. FOR QUESTIONS OR MORE INFORMATION EMAIL SHMORRISART@GMAIL.COM.

COLORED PENCIL EXPLORERS

MAY 10, 11:00AM-1:00PM
DO YOU LOVE COLORED PENCILS AND WANT TO CONNECT WITH OTHERS WHO FEEL THE SAME? THEN JOIN US TO CONNECT WITH AND GET TO KNOW OTHERS WHO ENJOY CREATING WITH COLORED PENCILS. REGISTER BY EMAIL TO SHMORRISART@GMAIL.COM.

COLORED PENCIL OPEN DRAW

EVERY MONDAY, 10:00AM-12:00PM (NO CLASS MAY 26)
OPEN DRAW IS FREE! FOR QUESTIONS OR MORE INFORMATION EMAIL SUSAN MORRIS AT SHMORRISART@GMAIL.COM

GÜIPIL BILINGUAL BOOK CLUB AND JOURNALING

MAY 13, 6:00PM-7:30PM
THIS BOOK CLUB-STYLE ACTIVITY OFFERS PARTICIPANTS A UNIQUE OPPORTUNITY TO ENGAGE WITH BILINGUAL TEXTS THAT REFLECT DIVERSE CULTURAL NARRATIVES AND TO USE WRITING AS A TOOL FOR PERSONAL DISCOVERY AND EXPRESSION. ALL SESSIONS ARE FREE! REGISTRATION IS REQUIRED. TO REGISTER CONTACT REBECASEGEBRE@GMAIL.COM.

JEWELRY MAKING CLASS

MAY 14, 9:00AM-11:00AM & 11:30AM-1:30PM
LEARN HOW TO CHOOSE YOUR JEWELRY-MAKING MATERIALS AND PUT THEM TOGETHER INTO A SIMPLE, PRETTY NECKLACE OR BRACELET SET. EXPERIENCED DESIGNERS WILL BE PRESENT TO GUIDE YOU THROUGH THE PROCESS FROM BEGINNING TO END. \$20.00 INCLUDES INSTRUCTION AND SUPPLIES. YOU MUST REGISTER FOR EITHER THE 9AM OR 11:30AM SESSION TO ATTEND. TO REGISTER OR FOR MORE INFORMATION CONTACT THE SHEPHERD'S CENTER AT [336-748-0217](tel:336-748-0217).

LINE DANCING

EVERY TUESDAY, 5:30PM-7:30PM
\$7 PER CLASS. CONTACT JACKIE PHILLIPS TO REGISTER AT [727-776-1555](tel:727-776-1555) OR JPWOMAN@MSN.COM

MEDITATIVE MOVEMENT

MAY 7, 14, 21 & 28, 10:30AM-12:00PM & MAY 8 & 22, 6:00PM-7:30PM
DISCOVER A WAY TO TRANSFORM AND RELEASE NEGATIVE THOUGHTS AND FEELINGS AND IMPROVE OVERALL HEALTH AND WELLBEING THROUGH MOVEMENT. THE GENTLE, FLUID MOVEMENT SEQUENCES IN MEDITATIVE MOVEMENT ARE A DISTINCTIVE COMBINATION OF ANCIENT, TRADITIONAL EASTERN MARTIAL ART FORMS COMBINED WITH CONTEMPORARY INSIGHT AND KNOWLEDGE FOR A UNIQUELY WELL ROUNDED AND COMPREHENSIVE HOLISTIC MOVING MEDITATION. CLASS IS FREE BUT REGISTRATION IS REQUIRED. PLEASE TEXT OR EMAIL INSTRUCTOR BETH BEAN TO REGISTER, [336-408-9899](tel:336-408-9899) OR ELBEDAL99@GMAIL.COM.

MOBILITY & FLEXIBILITY CLASS

EVERY MONDAY AND WEDNESDAY, 11:00AM-12:00PM (NO CLASS MAY 26)
WINSTON WELL-BEING WILL BE OFFERING CLASSES ON MOBILITY AND FLEXIBILITY TRAINING FOR LIVING YOUR BEST LIFE. THE MONTHLY SERIES OF CLASSES IS \$100. FOR MORE INFORMATION AND TO REGISTER PLEASE CALL MICHAEL FITZPATRICK AT [336-995-6910](tel:336-995-6910) OR EMAIL AT WINSTONWELLBEING@GMAIL.COM.

**MOMMY
& ME
CLASSES**

**MUSIC & MOVEMENT - TUESDAY'S, 10:00AM-11:00AM &
THURSDAY'S, 9:00AM-10:00AM & 10:00AM-11:00AM**
YOU & ME STYLE CLASSES WHERE YOU DANCE, HOP, WIGGLE, MARCH AND SING ALONG
TO SONGS. \$57 PER MONTH OF CLASSES. TO REGISTER [CLICK HERE](#).

**OPERA
LITE**

MAY 5, 3:00PM-4:30PM
SONG, DISCOVERY, AND SURPRISES COLLIDE IN OPERA LITE: TRIBUTE TO A BROKEN
RECORD PLAYER, WHERE CLASSICAL MUSIC GETS A FUN, CREATIVE TWIST. JOIN JOYNER
HORN (SOPRANO) AND LOGAN WEBBER (TENOR) AS THEY DIVE INTO THE HISTORY OF
SOME OF OPERA'S GREATEST HITS, BREAKING THEM DOWN AND SHARING THEM WITH THE
AUDIENCE - FROM MOZART TO VERDI TO WAGNER, WITH PLENTY IN BETWEEN. THIS
UNIQUE PERFORMANCE EXPLORES ICONIC WORKS THAT WILL APPEAL TO SEASONED
OPERA LOVERS AND NEWCOMERS ALIKE AND FEATURES SINGERS WHO HAVE PERFORMED
ON STAGES ACROSS THE COUNTRY AND AROUND THE WORLD! \$15 FOR ADULTS, KIDS 10
AND UNDER ARE FREE. TO GET YOUR TICKET [CLICK HERE](#). FOR QUESTIONS OR MORE
INFORMATION PLEASE CALL [336-725-7101](tel:336-725-7101) OR EMAIL INFO@PIEDMONTOPERA.ORG.

**OPEN DOORS
ART CLASS**

MAY 7, 14, 21, & 28, 10:00AM-12:00PM
EVERYONE IS AN ARTIST! COLORS, SHAPES, AND LINES ARE OUR FIRST LANGUAGE.
JOIN US FOR A BOLD AND ENERGIZING 4-WEEK NEO-EXPRESSIONISM ART-MAKING
SERIES! USING OIL CRAYON (PASTEL) AND ACRYLIC PAINT, THIS CLASS WILL GUIDE
YOU THROUGH A SIMPLE 7-STEP PROCESS TO CREATE POWERFUL, EXPRESSIVE
ARTWORK THAT CAPTURES RAW EMOTION AND STORYTELLING. LED BY TALIA
SCOTT, LCMHC, ATR-BC, AN EXPERIENCED ART THERAPIST WHO LOVES EXPLORING
CREATIVITY IN GROUPS, WE'LL BUILD DYNAMIC PIECES TOGETHER BY LAYERING
BASIC SHAPES, WORDS, AND CARTOON-LIKE FIGURES WITH BRIGHT, EYE-
CATCHING COLORS INSPIRED BY EVERYDAY LIFE. COST FOR THE 4 CLASSES IS \$25.
PLEASE CALL [336-748-0217](tel:336-748-0217) TO REGISTER.

**SEWING
ESSENTIALS
FOR
NEWBORNS**

MAY 6 & 20, 6:00PM-8:00PM
CLASS IS FREE! LEARN ESSENTIAL SEWING SKILLS TO CRAFT HANDMADE ITEMS FOR
BABIES IN THIS 4-PART SERIES BY NEWBORNS IN NEED. NO SEWING EXPERIENCE
REQUIRED! EACH CLASS BUILDS ON THE NEXT, PROVIDING STEP-BY-STEP
INSTRUCTION AND HANDS-ON PRACTICE WITH CREATION OF AT LEAST 4
HANDMADE ITEMS INCLUDING BURP CLOTHS, BIBS, AND BLANKETS. ALL
MATERIALS PROVIDED. THIS CLASS IS SUITED FOR ADULTS AND SENIORS BUT CAN
BE FOR AGES 12-ADULTS. REGISTRATION IS REQUIRED. TO REGISTER [CLICK HERE](#).
FOR ANY QUESTIONS PLEASE CONTACT
PIEDMONTTRIAD@NEWBORNSINNEED.ORG.

**SHAG DANCE
CLASS**

MAY 5, 12, 19, & 27, 6:00PM-7:00PM
LEARN THE FUNDAMENTALS OF THIS POPULAR CAROLINA DANCE WITH BASIC
STEPS, TURNS AND STYLE. PRACTICE IS YOUR GOAL TO MASTER UPPER-LEVEL
STEPS TO BEACH MUSIC THAT MOVES YOU TO THE FLOOR! COST IS \$50 FOR THE
4-CLASS SESSION. FOR MORE INFORMATION AND TO REGISTER PLEASE CALL
INSTRUCTOR SUE RICE AT [336-765-7898](tel:336-765-7898).

**TAI CHI
CLASS**

EVERY FRIDAY, 9:00AM-10:00AM
TAI CHI IS A SLOW, GRACEFUL FORM OF EXERCISE OFTEN DESCRIBED AS "A MOVING
MEDITATION." IT IS PRACTICED BY MILLIONS OF PEOPLE AROUND THE GLOBE, BECAUSE IT
IMPROVES BALANCE, REDUCES STRESS AND OFFERS PAIN RELIEF FOR THOSE WITH
ARTHRITIS AND OTHER CHRONIC CONDITIONS. A \$2 DONATION IS SUGGESTED FOR EACH
CLASS. FOR QUESTIONS ALL THE SHEPHERD'S CENTER AT [336-748-0217](tel:336-748-0217).

**YOGA
CLASS**

EVERY TUESDAY, 6:00PM-7:00PM
THIS CLASS IS OPEN TO ALL YOGIS- FROM BEGINNERS TO ADVANCED. WE WILL FLOW
FROM POSTURE TO POSTURE WORKING ON STRENGTH, BALANCE, AND MOBILITY. PLEASE
BRING YOUR OWN MAT AND ANY SUPPORTS (BLOCKS, STRAPS, ETC) YOU LIKE. CLASS IS
FREE! FOR QUESTIONS OR MORE INFORMATION PLEASE EMAIL KAROLYN AT
KAKILPINEN@GMAIL.COM.

**ZUMBA
CLASS**

EVERY MONDAY & WEDNESDAY, 6:30PM-7:30PM (NO CLASS MAY 26)
JOIN INSTRUCTOR TAYLOR LAZEAU FOR THIS ZUMBA CLASS FOR ALL LEVELS. CLASS IS
FREE ! TO REGISTER PLEASE CONTACT TAYLOR AT TAYLORLAZEAU@GMAIL.COM.

FOR DETAILED INFORMATION ON ALL PROGRAMS PLEASE [CLICK HERE](#)

SIGN UP TO GET MONTHLY PROGRAM UPDATES BY [CLICKING HERE](#)