## MARY ALICE WARREN COMMUNITY CENTER UPCOMING PROGRAMS

**AMERICAN MAHJONG** 

EVERY MONDAY, 1:00PM-5:00PM

CLASS IS FREE! REGISTRATION IS REQUIRED. NEW CLASSES BEGIN FIRST MONDAY OF EACH MONTH. TO REGISTER CONTACT KATHY
RYCKMAN, RYCKMAN6@GMAIL.COM

BASICS OF LEARN EDGES

JUNE 8, 9:00AM-4:00PM

LEARN TO PAINT FROM THE BEGINNING OR REFRESH THE FUNDAMENTALS OF PAINTING: OIL PAINT BASICS, TOOLS, COLOR BASICS, DESIGN, VALUES, EDGES AND MORE. MAKE SURE TO BRING THE RECOMMENDED SUPPLIES FOR THIS WORKSHOP. COST FOR THE CLASS IS \$95 FOR AAWS MEMBERS AND \$125 FOR NON-MEMBERS. TO REGISTER CLICK HERE. FOR MORE INFORMATION OR QUESTIONS PLEASE VISIT HTTPS://ASSOCIATEDARTISTS.ORG OR EMAIL INFO@ASSOCIATEDARTISTS.ORG.

**BLOOD DRIVE** 

**OIL PAINTING** 

JUNE 12, 1:00PM-5:00PM

TO SIGN UP TO GIVE BLOOD <u>CLICK HERE</u> AND SEARCH BY ZIP CODE OR SPONSOR CODE: LEWISVILLE TO MAKE AN APPOINTMENT. FOR MORE INFORMATION CONTACT THE AMERICAN RED CROSS AT <u>336-289-0325</u>.

CARD GAME CLASS EVERY WEDNESDAY, 1:00PM-4:00PM

CLASS IS FREE! JOIN INSTRUCTOR BETH DELLER AS SHE WILL BE TEACHING DIFFERENT CARD GAMES. THE FIRST GAME SHE WILL BE TEACHING IS PENNIES FROM HEAVEN. REGISTRATION IS REQUIRED. TO REGISTER CONTACT DEBRA THOMPSON AT <u>DEBRALOUISE1012@GMAIL.COM</u> OR <u>336-926-4120</u> OR CONTACT BETTY BARKER AT <u>336-416-4166</u>.

COLORED PENCIL OPEN DRAW

**COLORED PENCIL** 

FREE OPEN DRAW - JUNE 3, 10, 17, & 24, 10:00AM-12:00PM
CLASS IS FREE! – SUPPLIES NOT INCLUDED. REGISTER BY EMAIL TO SHMORRISART@GMAIL.COM.

JUNE 8, 1:00PM-3:30PM

DO YOU LOVE COLORED PENCILS AND WANT TO CONNECT WITH OTHERS WHO FEEL THE SAME? THEN JOIN US TO CONNECT WITH AND GET TO KNOW OTHERS WHO ENJOY CREATING WITH COLORED PENCILS. REGISTER BY EMAIL TO SHMORRISART@GMAIL.COM.

COMING INTO EXISTENCE

**EXPLORERS** 

JUNE 20, 11:00AM-2:00PM
A SACRED HEART HEALING WORKSHOP FACILITATED BY BETH BEAN. JOIN US AS WE CREATE TOGETHER A BEAUTIFUL, SACRED MOVEMENT FORM THAT BRINGS TO LIFE THE EXPERIENCE OF THE HEART COMING INTO EXISTENCE FROM THE SPIRITUAL WORLDS. \$25 PER ATTENDEE. REGISTRATION REQUIRED. EMAIL BETH BEAN AT <a href="mailto:elbedal99@GMAIL.com">elbedal99@GMAIL.com</a> TO REGISTER. QUESTIONS OR FURTHER INFORMATION CALL <a href="mailto:elbedal99@GMAIL.com">elbedal99@GMAIL.com</a> TO REGISTER. QUESTIONS OR FURTHER INFORMATION CALL <a href="mailto:elbedal99@GMAIL.com">elbedal99@GMAIL.com</a> TO REGISTER. QUESTIONS OR FURTHER INFORMATION CALL <a href="mailto:elbedal99@GMAIL.com">elbedal99@GMAIL.com</a> TO REGISTER. QUESTIONS OR FURTHER INFORMATION CALL <a href="mailto:elbedal99@GMAIL.com">elbedal99@GMAIL.com</a> TO REGISTER. QUESTIONS OR FURTHER INFORMATION CALL <a href="mailto:elbedal99@GMAIL.com">elbedal99@GMAIL.com</a> TO REGISTER. QUESTIONS OR FURTHER INFORMATION CALL <a href="mailto:elbedal99@GMAIL.com">elbedal99@GMAIL.com</a> TO REGISTER. QUESTIONS OR FURTHER INFORMATION CALL <a href="mailto:elbedal99@GMAIL.com">elbedal99@GMAIL.com</a> TO REGISTER.

**COOKING CLASS** 

JUNE 4, 11, 18, & 25, 6:00PM-9:00PM
WELCOME TO BAKERS, COOKS & TASTERS! WHERE CULINARY ADVENTURE MEETS CAMARADERIE! OUR CLASSES ARE DESIGNED TO BE NOT JUST INFORMATIVE BUT INCREDIBLY FUN, FOSTERING A SENSE OF TOGETHERNESS AND FRIENDLY COMPETITION AMONG MEMBERS. COST PER CLASS IS \$65 FOR NON-MEMBERS AND \$45 FOR MEMBERS. TO REGISTER CLICK HERE. FOR QUESTIONS OR MORE INFORMATION PLEASE EMAIL BRITTANY MCCRAY AT BRITTANY.TME@GMAIL.COM.

DRUG EDUCATION CLASS

**JUNE 8, 6:00PM-8:00PM**TEALDROPS DAY- INTERACTIVE FUN COMMUNITY WELLNESS EVENT. BECAUSE EVERY CHILD DESERVES TO KNOW THE DANGERS OF INITIAL USE, MISUSE, ADDICTION AND OVERDOSE OF OPIODS. EVENT IS FREE AND NO REGISTRATION IS REQUIRED. FOR MORE INFORMATION OR QUESTIONS PLEASE VISIT <u>WWW.TEALDROPS.ORG</u> OR CALL <u>336-624-0935</u>.

ENVIRONMENTAL ACTION: SUMMER SERIES

JUNE 27, 5:30PM-6:30PM

WE ALL WANT CLEAN AIR TO BREATHE, CLEAN WATER TO DRINK, AND HEALTHY SOIL TO GROW FOOD. SPEND AN HOUR WITH PIEDMONT ENVIRONMENTAL ALLIANCE TO LEARN ABOUT THE WAYS WE ARE TAKING ACTION TO PROTECT THE NATURAL RESOURCES AROUND US. REGISTRATION IS NOT REQUIRED AND FOLKS OF ALL AGES ARE WELCOME TO JOIN. EVENT IS FREE WITH SNACKS INCLUDED. PLEASE EMAIL JESSICA ROWE AT JESSICA@PEANC.ORG WITH ANY QUESTIONS.

JEWELRY MAKING CLASS

JUNE 12, 9:00AM-11:00AM & 11:00AM-1:00PM

LEARN HOW TO CHOOSE YOUR JEWELRY-MAKING MATERIALS AND PUT THEM TOGETHER INTO A SIMPLE, PRETTY NECKLACE OR BRACELET SET. EXPERIENCED DESIGNERS WILL BE PRESENT TO GUIDE YOU THROUGH THE PROCESS FROM BEGINNING TO END. NO COST. SUPPLIES AND INSTRUCTION INCLUDED. TO REGISTER OR FOR MORE INFORMATION CONTACT THE SHEPHERD'S CENTER AT 336-748-0217.

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**LINE DANCING** 

**EVERY TUESDAY, 5:30PM-7:30PM** \$7 PER CLASS. CONTACT JACKIE PHILLIPS TO REGISTER AT 727-776-1555 OR JPWOMAN@MSN.COM

MOBILITY & FLEXIBILITY CLASS

WINSTON WELL-BEING WILL BE OFFERING CLASSES ON MOBILITY AND FLEXIBILITY TRAINING FOR LIVING YOUR BEST LIFE. THE MONTHLY SERIES OF 6 CLASSES IS \$90. FOR MORE INFORMATION AND TO REGISTER PLEASE CALL MICHAEL FITZPATRICK AT (336) 995-6910 OR EMAIL AT WINSTONWELLBEING@GMAIL.COM.

**EVERY MONDAY AND WEDNESDAY, 11:00AM-12:00PM** 

MOMMY & ME CLASSES MUSIC TO MY EARS - TUESDAY'S 10:00AM-11:00AM & THURSDAY'S, 9:00AM-10:00AM & 10:00AM-11:00AM
STORY TIME ART - TUESDAY'S, 11:15AM-12:00PM

YOU & ME STYLE CLASSES WHERE YOU DANCE, HOP, WIGGLE, MARCH AND SING ALONG TO SONGS OR CREATE ART BASED ON BOOKS. \$43 PER MONTH OF CLASSES. TO REGISTER <u>CLICK HERE</u>.

REYNOLDA HOUSE DISCOVERY LESSON REYNOLDA DISCOVERY LESSONS PROMOTE READING READINEŚS AND VISUAL LITERACY FOR PRESCHOOLERS THROUGH DRAMATIC PLAY, MUSIC, MOVEMENT, AND ARTMAKING, USING A WORK OF ART OR ITEM FROM REYNOLDA'S COLLECTION AS A STARTING POINT. IN THIS DISCOVERY LESSON PARTICIPANTS WILL STUDY THE ABUNDANCE OF CUT FLOWERS REPRESENTED IN THE PAINTING FLOWERS IN A GLASS PITCHER WITH BIRD'S NEST AND FRUIT, SEVERIN ROSEN (C.1816-1872) BY DOING A SIMPLE DISSECTION OF FLOWERS FROM REYNOLDA GARDENS, ARRANGING A FLORAL BOUQUET AND PAINTING THEIR OWN FLORAL IMAGE SHOWCASING A VARIETY OF BLOOMS. TO REGISTER CLICK HERE. FOR QUESTIONS, CONTACT JANIE BASS AT JANIE@REYNOLDA.ORG OR (336) 758-6271.

**JUNE 29, 10:00AM-11:30AM** 

SHAG DANCE CLASS JUNE 3, 10, 17, & 24, 6:00PM-7:00PM

JOIN INSTRUCTOR SUE RICE AS SHE TEACHES A BEGINNER SHAG DANCE CLASS. LEARN HISTORY, NOSTALGIA, WHERE TO SHAG DANCE, SOS DATES, AND MORE! NO PARTNER IS NEEDED TO BEGIN. PLEASE WEAR SMOOTH BOTTOM SHOES. BEACH MUSIC PROVIDED FOR PRACTICE. COST IS \$50 FOR THE 4-CLASS SESSION. FOR MORE INFORMATION AND TO REGISTER PLEASE CALL INSTRUCTOR SUE RICE AT 336-765-7898.

TAI CHI CLASS JUNE 7, 14, 21, & 28, 9:00AM-10:00AM

TAI CHI IS A SLOW, GRACEFUL FORM OF EXERCISE OFTEN DESCRIBED AS "A MOVING MEDITATION." TODAY IT IS PRACTICED REGULARLY BY MILLIONS OF PEOPLE AROUND THE GLOBE, BECAUSE IT IMPROVES BALANCE, REDUCES STRESS AND OFFERS PAIN RELIEF FOR THOSE WITH ARTHRITIS AND OTHER CHRONIC CONDITIONS. CLASS IS FREE! YOU MUST BE REGISTERED TO ATTEND. CLASS SIZE IS LIMITED. CALL THE SHEPHERD'S CENTER AT 336-748-0217 TO REGISTER.

WRITE PLACE, WRITE TIME JUNE 3 & 17, 10:00AM-11:30AM

NEED A TIME OR PLACE TO WRITE? HAVE ANY QUESTIONS ABOUT WRITING OR PUBLISHING? YOU'VE FOUND THE RIGHT PLACE. JOIN US TO PRACTICE WRITING, TALK ABOUT WRITING, AND LEARN ABOUT WRITING. EVERY MEETING WILL HAVE A WRITING ACTIVITY THAT WILL INSPIRE CREATIVITY AND ENCOURAGE WRITING HABITS. CLASS IS FREE! MUST BE REGISTERED TO ATTEND. CALL THE SHEPHERD'S CENTER AT 336-748-0217 TO REGISTER.

YOGA CLASS

JUNE 13 & 27, 6:00PM-7:00PM
THIS CLASS IS OPEN TO ALL YOGIS- FROM BEGINNERS TO ADVANCED. WE WILL FLOW FROM POSTURE TO POSTURE WORKING ON STRENGTH, BALANCE,
AND MOBILITY. PLEASE BRING YOUR OWN MAT AND ANY SUPPORTS (BLOCKS, STRAPS, ETC) YOU LIKE. \$5/PERSON, PAYABLE VIA CASH OR
VENMO/APPLEPAY. TO REGISTER CLICK HERE. FOR QUESTIONS OR MORE INFORMATION PLEASE EMAIL KAROLYN AT KAKILPINEN@GMAIL.COM.

EVERY MONDAY & WEDNESDAY, 6:30PM-7:30PM

ZUMBA CLASS

JOIN INSTRUCTOR TAYLOR LAZEAU FOR THIS ZUMBA CLASS FOR ALL LEVELS. \$7 PER CLASS. TO REGISTER PLEASE CONTACT TAYLOR AT TAYLOR LAZEAU@GMAIL.COM.

FOR DETAILED INFORMATION ON ALL PROGRAMS PLEASE <u>CLICK HERE</u> SIGN UP TO GET MONTHLY PROGRAM UPDATES BY CLICKING HERE

(336)-866-0525

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