

# MARY ALICE WARREN COMMUNITY CENTER

# UPCOMING PROGRAMS

## AMERICAN MAHJONG

EVERY MONDAY, 1:00PM-5:00PM

CLASS IS FREE! FOR MORE INFORMATION CONTACT KATHY RYCKMAN, [RYCKMAN6@GMAIL.COM](mailto:RYCKMAN6@GMAIL.COM)

## COLORED PENCIL CLASS

INTRODCUTION CLASS, MARCH 23, 10:00AM-12:00PM & 6:30PM-8:30PM

JOIN SUSAN MORRIS, AS SHE UNVEILS HER LOVE FOR COLORED PENCIL MEDIUM. SHE'LL TEACH YOU ABOUT ITS VERSATILITY AND SECRETS TO CREATING ONE-OF-A-KIND ARTWORK. BY ATTENDING, YOU'LL ALSO HAVE THE OPPORTUNITY TO ENROLL IN A BEGINNER'S COLORED PENCIL COURSE STARTING IN APRIL! REGISTER BY EMAIL TO [SHMORRISART@GMAIL.COM](mailto:SHMORRISART@GMAIL.COM).

## LINE DANCING

EVERY TUESDAY, 5:30PM-7:30PM

\$7 PER CLASS. CONTACT JACKIE PHILLIPS TO REGISTER AT [727-776-1555](tel:727-776-1555) OR [JPWOMAN@MSN.COM](mailto:JPWOMAN@MSN.COM)

## MEDITATIVE MOVEMENT

EVERY TUESDAY, 10:00AM-11:00AM

CLASS IS FREE! CONTACT BETH BEAN TO REGISTER AT [336-408-9899](tel:336-408-9899) OR [ELBEDAL99@GMAIL.COM](mailto:ELBEDAL99@GMAIL.COM)

## MOBILITY & FLEXIBILITY CLASS

EVERY MONDAY AND WEDNESDAY IN MARCH, 11:00AM-12:00PM

MOBILITY AND FLEXIBILITY TRAINING FOR LIVING YOUR BEST LIFE. WINSTON WELL-BEING WILL BE OFFERING AN ENGAGING SERIES OF TRAINING CLASSES ON MOBILITY AND FLEXIBILITY. AN INFORMATINOAL CLASS WILL BE HELD JANUARY 4. THE MONTHLY SERIES OF 6 CLASSES IS \$90 (\$15 PER SESSION). FOR MORE INFORMATION AND TO GET REGISTERED PLEASE CALL MICHAEL FITZPATRICK AT [\(336\) 995-6910](tel:336-995-6910) OR EMAIL AT [WINSTONWELLBEING@GMAIL.COM](mailto:WINSTONWELLBEING@GMAIL.COM).

## MOMMY & ME MUSIC TO MY EARS

TUESDAY'S AND THURSDAY'S IN MARCH 10:00AM-11:00AM

A YOU & ME STYLE CLASS WHERE YOU DANCE, HOP, WIGGLE, MARCH AND SING ALONG TO SONGS. OUR CLASSES ARE A WONDERFUL OPPORTUNITY BOND WITH YOUR TODDLER WHILE IMPROVING THEIR LANGUAGE AND MOTOR SKILLS. \$45 FOR THE MONTH OF CLASSES. TO REGISTER AT [HTTPS://WWW.LEARNANDPLAYHOORAY.COM/](https://www.learnandplayhooray.com/) OR EMAIL COURTNEY COTTONE AT [COURTNEYCOTTONE29@OUTLOOK.COM](mailto:COURTNEYCOTTONE29@OUTLOOK.COM)

## OPEN DOORS ART CLASS

MONDAY'S IN MARCH, 9:30AM-12:00PM

PORTRAITS, PEOPLE, AND PETS BY OPEN DOORS ART INSTRUCTOR AND ARTIST, MARGARET MILLER. COST FOR CLASS IS \$25 WHICH INCLUDES ALL ART SUPPLIES. CALL THE SHEPHERD'S CENTER [336-748-0217](tel:336-748-0217) TO REGISTER.

## SHAG DANCE

INTERMEDIATE CLASS - MARCH 6, 13, 20, & 27, 5:00PM-6:30PM

JOIN INSTRUCTOR SUE RICE AS SHE TEACHES A SHAG DANCE CLASS. NO PARTNER IS NEEDED TO BEGIN. PLEASE WEAR SMOOTH BOTTOM SHOES. COST IS \$50 FOR THE 4-CLASS SESSION. FOR MORE INFORMATION AND TO REGISTER PLEASE CALL INSTRUCTOR SUE RICE AT [336-765-7898](tel:336-765-7898).

## WELL BEYOND CANCER LUNCH & LEARN

WEDNESDAY, MARCH 15, 12:00PM-1:30PM

TOPIC: UNDERSTANDING YOUR LABWORK

ALL BLOOD CANCER PATIENTS, SURVIVORS & CAREGIVERS ARE INVITED TO ENJOY LUNCH, CONNECT WITH EACH OTHER, AND LEARN FROM OUR EXPERT SPEAKER ABOUT HOW TO READ YOUR LABWORK. REGISTRATION IS REQUIRED. CALL CANCER SERVICES AT [336-760-9983](tel:336-760-9983) OR EMAIL [JULIE@CANCERSERVICESONLINE.ORG](mailto:JULIE@CANCERSERVICESONLINE.ORG) FOR MORE INFORMATION OR TO RSVP.

## YOGA CLASS

EVERY TUESDAY, 6:00PM-7:00PM

INSTRUCTOR BRIAN BRISTOL WILL BE TEACHING A VINYASA FLOW CLASS FOR ALL LEVELS. \$10 PER CLASS. FOR MORE INFORMATION AND TO REGISTER PLEASE CONTACT BRIAN BRISTOL AT [704-438-5663](tel:704-438-5663) OR [BBRISTOL01@GMAIL.COM](mailto:BBRISTOL01@GMAIL.COM).

## READERS' THEATER ACTING CLASS

MARCH 23, 30, ARPIL 6, 13, 20, & 27, 7:30PM-9:30PM

THIS CLASS WILL PROVIDE AN INTRODUCTION TO THE BASIC SKILLS REQUIRED TO AUDITION SUCCESSFULLY FOR AN ACTING ROLE IN COMMUNITY THEATER. COST FOR THE 6 SESSIONS IS \$20. FOR MORE INFORMATION AND TO REGISTER PLEASE CONTACT JOHN HOHN AT [336-457-0523](tel:336-457-0523) OR [JOHNHOHN857@GMAIL.COM](mailto:JOHNHOHN857@GMAIL.COM).

FOR MORE INFORMATION ON PROGRAMS VISIT [LEWISVILLE.RECDESK.COM/COMMUNITY/PROGRAM](http://LEWISVILLE.RECDESK.COM/COMMUNITY/PROGRAM)

TO SIGN UP FOR MONTHLY PROGRAM UPDATES EMAIL [BMOORE@LEWISVILLENC.NET](mailto:BMOORE@LEWISVILLENC.NET)

(336)-866-0525

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